

OCTOBER | 2021



WATKINS MIDDLE SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>27</p> <p>Orange Chicken w/ Rice Broccoli Mixed Fruit Baby Carrots Oreo Cookies</p>	<p>28</p> <p>Walking Taco Refried Beans Chilled Pears Celery Sticks</p>	<p>29</p> <p>Domino's Pizza Side Salad California Veggies w/ Cheese Sauce Fruit cup</p>	<p>30</p> <p>Breakfast for Lunch Mini pancakes Sausage Links Tater Tots Grape Tomatoes Orange Wedges</p>	<p>1</p> <p>Cheeseburger Curly Fries Baked Beans Fresh Fruit Pudding</p>
<p>4</p> <p>Macaroni & Cheese Garlic & Herb Broccoli Grape Tomatoes Fruit Choice Chocolate Chip Cookie</p>	<p>5</p> <p>Chicken Tenders Mashed Potatoes w/ Gravy Corn Bread Celery Sticks Diced Peaches</p>	<p>6</p> <p>Little Caesars Pizza Steamed Carrots Side Salad Fruit Cup</p>	<p>7</p> <p>Mini Corn Dogs Curly Fries Baked Beans Applesauce</p>	<p>8</p> <p>Quesadilla Corn Warm Cinnamon Apples Baby Carrots</p>
<p>11</p> <p>Cheesy Bread Garlic & Herb Broccoli Applesauce Baby Carrots w/ Dip Mini Rice Krispies Treat</p>	<p>12</p> <p>Nachos Supreme Corn Grape Tomatoes Fruit Cup</p>	<p>13</p> <p>Domino's Pizza Side Salad California Veggies w/ Cheese Sauce Diced Peaches</p>	<p>14</p> <p>Chicken Sandwich Sweet Potato Fries Chilled Pears Celery Sticks Chocolate Chip Cookie</p>	<p>15</p> <p>NO SCHOOL</p>
<p>18</p> <p>Grilled Cheese & Tomato Soup Celery Sticks Diced Peaches Ice Cream Treat</p>	<p>19</p> <p>Baked Rotini Dinner Roll Green Beans Side Salad Fruit Choice</p>	<p>20</p> <p>Little Caesars Pizza Steamed Carrots Side Salad Chilled Pears</p>	<p>21</p> <p>Chicken Tenders Curly Fries Texas Toast Fruit Cup</p>	<p>22</p> <p>Meatball Sub Sweet Peas Baby Carrots Fruit Choice</p>
<p>25</p> <p>Orange Chicken w/ Rice Broccoli Mixed Fruit Baby Carrots Oreo Cookies</p>	<p>26</p> <p>Walking Taco Refried Beans Chilled Pears Celery Sticks</p>	<p>27</p> <p>Domino's Pizza Side Salad California Veggies w/ Cheese Sauce Fruit cup</p>	<p>28</p> <p>Breakfast for Lunch Mini pancakes Sausage Links Tater Tots Grape Tomatoes Orange Wedges</p>	<p>29</p> <p>Cheeseburger Curly Fries Baked Beans Fresh Fruit Pudding</p>

BREAKFAST MENU

MON:	Warm Bread Assortment
TUES:	Benefit Bars
WED:	Pop Tarts
THUR:	Breakfast Pizza or Cinnamon Roll
FRI:	Muffins

*Fruit, Juice, and Milk served daily

DAILY ALTERNATIVE ENTRÉE

MON:	Cheeseburger or Deli Sandwich
TUES:	Chicken Wrap or Banana Bread, Yogurt Cup, Cheese Stick
WED:	Italian Sub or Chicken Salad Croissant
THUR:	Calzone or Yogurt Parfait
FRI:	Chicken Sandwich (home style or spicy) or PBJ Uncrustable
M-F:	Chef Salads and PBJ Uncrustable

QUICK LINKS

Free & Reduced Applications
<https://www.myschoolapps.com>
 On-Line Payments
<https://myschoolbucks.com>
 Nutritional & Allergen Information
<https://mealviewer.com>

PRICES:

Lunch.....	FREE
Breakfast	FREE
Extra Milk.....	\$.50
Extra Entree.....	\$2.00