

OCTOBER | 2021



SWL K-5th MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>27</p> <p>Breakfast for Lunch Mini Pancakes Sausage Links Tater Tots Celery Orange Wedges</p>	<p>28</p> <p>Walking Taco Refried Beans Grape Tomatoes Diced Peaches</p>	<p>29</p> <p>Jet's Pizza Green Beans Side Salad Fruit Cup</p>	<p>30</p> <p>Macaroni & Cheese Sweet Peas Baby Carrots w/ Dip Chilled Pears Mini Rice Krispies Treat</p>	<p>1</p> <p>Chicken & Waffles Corn Wango Mango Juice Applesauce</p>
<p>4</p> <p>Soft Pretzel w/Cheese Sauce Garlic and Herb Broccoli Fruit Choice Oreo Cookies</p>	<p>5</p> <p>Calzone w/ Marinara Green Beans Celery Sticks Chilled Pears</p>	<p>6</p> <p>Domino's Pizza Baby Carrots Side Salad Fruit Cup</p>	<p>7</p> <p>Chicken Tenders Mashed Potatoes w/ Gravy Dinner Roll Steamed Carrots Mixed Fruit</p>	<p>8</p> <p>Cheeseburger Curly Fries Baked Beans Fresh Fruit Pudding</p>
<p>11</p> <p>Cheese Stuffed Breadsticks w/ Marinara Garlic & Herb Broccoli Applesauce Cookie</p>	<p>12</p> <p>Quesadilla w/ Salsa Cup Corn Chilled Pears Churro</p>	<p>13</p> <p>Jet's Pizza Green Beans Side Salad Fruit Cup</p>	<p>14</p> <p>Chicken Sandwich Curly Fries Celery Sticks Raisins</p>	<p>15</p> <p>NO SCHOOL</p>
<p>18</p> <p>Garlic Cheese Bread Steamed Carrots Celery Sticks Fresh Fruit Cookie</p>	<p>19</p> <p>Grilled Cheese Grape Tomatoes Mixed Fruit Ice Cream Treat</p>	<p>20</p> <p>Domino's Pizza Steamed Carrots Side Salad Fruit Cup</p>	<p>21</p> <p>Spaghetti or Rotini w/ Meatballs Dinner Roll Side Salad Frozen Fruit Sidekick</p>	<p>22</p> <p>NO SCHOOL</p>
<p>25</p> <p>Breakfast for Lunch Mini Pancakes Sausage Links Tater Tots Celery Orange Wedges</p>	<p>26</p> <p>Walking Taco Refried Beans Grape Tomatoes Diced Peaches</p>	<p>27</p> <p>Jet's Pizza Green Beans Side Salad Fruit Cup</p>	<p>28</p> <p>Macaroni & Cheese Sweet Peas Baby Carrots w/ Dip Chilled Pears Mini Rice Krispies Treat</p>	<p>29</p> <p>Chicken & Waffles Corn Wango Mango Juice Applesauce</p>

BREAKFAST MENU

MON: Warm Bread Assortment
TUES: Cereal Assortment
WED: Pop Tarts
THUR: Honey Bun or Breakfast Bar
FRI: Muffins
 *Fruit, Juice, and Milk served daily

DAILY ALTERNATIVE ENTRÉE

MON: Chicken Wrap
TUES: Banana Bread, Yogurt Cup, Cheese Stick
WED: Deli Sandwich
THUR: Yogurt Parfait
FRI: Pizza Munchable
M-F: Chef Salads

QUICK LINKS

Free & Reduced Applications
<https://www.myschoolapps.com>
 On-Line Payments
<https://myschoolbucks.com>
 Nutritional & Allergen Information
<https://mealviewer.com>

PRICES:

Lunch.....FREE
 BreakfastFREE
 Extra Milk.....\$.50
 Extra Entree.....\$2.00