

# OCTOBER | 2021

## WATKINS MEMORIAL HIGH SCHOOL



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><b>27</b> <b>Tomato Soup &amp; Grilled Cheese</b> Green Beans Diced Peaches Ice Cream Treat</p>	<p><b>28</b> <b>Baked Rotini</b> Dinner Rolls Side Salad Sweet Peas Mixed Fruit</p>	<p><b>29</b> <b>Jet's Pizza</b> Steamed Carrots Side Salad Chilled Pears</p>	<p><b>30</b> <b>Chicken Tenders</b> Curly Fries Texas Garlic Toast Baby Carrots w/dip Fruit Cup</p>	<p><b>1</b> <b>Mashed Potato Bowl</b> Corn Muffin Corn Celery Sticks Warm Cinnamon Apples</p>
<p><b>4</b> <b>Orange Chicken w/Rice</b> Broccoli Mixed Fruit Side Salad Oreo Cookies</p>	<p><b>5</b> <b>Walking Taco</b> Refried Beans Chilled Pears Celery Sticks</p>	<p><b>6</b> <b>Jet's Pizza</b> California Veggies w/ Cheese Sauce Side Salad Fruit Cup</p>	<p><b>7</b> <b>Breakfast for Lunch</b> Mini Pancakes Turkey Sausage Links Tater Tots Grape Tomatoes Orange Wedges</p>	<p><b>8</b> <b>Bacon Cheeseburger</b> Curly Fries Baked Beans Fresh Fruit Pudding</p>
<p><b>11</b> <b>Macaroni and Cheese</b> Garlic and Herb Broccoli Side Salad Mandarin Oranges Chocolate Chip Cookie</p>	<p><b>12</b> <b>Salisbury Steak</b> Mashed Potatoes w/gravy Dinner Roll Green Beans Diced Peaches</p>	<p><b>13</b> <b>Jet's Pizza</b> Steamed Carrots Side Salad Fruit Cup</p>	<p><b>14</b> <b>Mini Corn Dogs</b> Waffle Fries Baked beans Applesauce</p>	<p><b>15</b> <b>NO SCHOOL</b></p>
<p><b>18</b> <b>Cheese Stuffed Breadstick w/ Marinara</b> Green Beans Celery Sticks Fresh Fruit Pudding</p>	<p><b>19</b> <b>BBQ Pork Sandwich</b> Sweet Potato Fries Baked Beans Applesauce</p>	<p><b>20</b> <b>Jet's Pizza</b> California Veggies w/ Cheese Sauce Side Salad Fruit Cup</p>	<p><b>21</b> <b>Spaghetti w/ Meatballs</b> Texas Garlic Toast Side Salad Sweet Peas Diced Pears</p>	<p><b>22</b> <b>Quesadilla</b> Salsa Cup Corn Grape Tomatoes Fruit Choice Churro</p>
<p><b>25</b> <b>Hot Italian Sub</b> Garlic &amp; Herb Broccoli Baby Carrots w/dip Applesauce Mini Rice Krispies Treat</p>	<p><b>26</b> <b>Nachos Supreme w/cheese sauce</b> Corn Grape Tomatoes Fruit cup</p>	<p><b>27</b> <b>Jet's Pizza</b> California Veggies w/ Cheese Sauce Side Salad Mixed Fruit Cup</p>	<p><b>28</b> <b>Chicken Sandwich</b> Sweet Potato Fries Celery Sticks Chilled Pears</p>	<p><b>29</b> <b>Hot Dog or Coney Dog</b> Pasta Salad Baked Beans Mandarin Oranges Jello</p>

### **BREAKFAST MENU**

**MON:** Warm Bread Assortment  
**TUES:** Benefit Bars  
**WED:** Pop Tarts  
**THUR:** Donut or Cinnamon Roll  
**FRI:** Muffins  
 \*Fruit, Juice, and Milk served daily

### **DAILY ALTERNATIVE ENTRÉE**

**MON:** Smart Mouth Cheesy Bread or Chicken Salad  
Croissant  
**TUES:** Chicken Sandwich (reg/spicy) or Banana Bread, Yogurt Cup, Cheese Stick  
**WED:** Cheeseburger  
**THUR:** Calzone or Yogurt Parfait  
**FRI:** Chicken Wrap or Deli Sandwich  
**T,TH, F:** Smart Mouth Pizza (Pep/Cheese)  
**M-F:** Chef Salads and PBJ Uncrustables

### **QUICK LINKS**

Free & Reduced Applications  
<https://www.myschoolapps.com>  
 On-Line Payments  
<https://myschoolbucks.com>  
 Nutritional & Allergen Information  
<https://mealviewer.com>

### **PRICES:**

Lunch.....FREE  
 Breakfast .....FREE  
 Extra Milk.....\$ .50  
 Extra Entree.....\$2.00