

SEPTEMBER | 2021

WATKINS MEMORIAL HIGH SCHOOL



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>30 Orange Chicken w/Rice Broccoli Mixed Fruit Side Salad Oreo Cookies</p>	<p>31 Walking Taco Refried Beans Chilled Pears Celery Sticks</p>	<p>1 Jet's Pizza California Veggies w/ Cheese Sauce Side Salad Fruit Cup</p>	<p>2 Breakfast for Lunch Mini Pancakes Turkey Sausage Links Tater Tots Grape Tomatoes Orange Wedges</p>	<p>3 Bacon Cheeseburger Curly Fries Baked Beans Fresh Fruit Pudding</p>
<p>6</p>	<p>7 Salisbury Steak Mashed Potatoes w/gravy Dinner Roll Green Beans Diced Peaches</p>	<p>8 Jet's Pizza Steamed Carrots Side Salad Fruit Cup</p>	<p>9 Mini Corn Dogs Waffle Fries Baked beans Applesauce</p>	<p>10 Meatball Sub Baby Carrots Corn Chilled Pears</p>
<p>13 Cheese Stuffed Breadstick w/ Marinara Green Beans Celery Sticks Fresh Fruit Pudding</p>	<p>14</p>	<p>15</p>	<p>16</p>	<p>17 Quesadilla Salsa Cup Corn Grape Tomatoes Fruit Choice Churro</p>
<p>20 NO SCHOOL</p>	<p>21 Nachos Supreme w/cheese sauce Corn Grape Tomatoes Fruit cup</p>	<p>22 Jet's Pizza California Veggies w/ Cheese Sauce Side Salad Mixed Fruit Cup</p>	<p>23 Chicken Sandwich Sweet Potato Fries Celery Sticks Chilled Pears</p>	<p>24 Hot Dog or Coney Dog Pasta Salad Baked Beans Mandarin Oranges Jello</p>
<p>27 Tomato Soup & Grilled Cheese Green Beans Diced Peaches Ice Cream Treat</p>	<p>28 Baked Rotini Dinner Rolls Side Salad Sweet Peas Mixed Fruit</p>	<p>29 Jet's Pizza Steamed Carrots Side Salad Chilled Pears</p>	<p>30 Chicken Tenders Curly Fries Texas Garlic Toast Baby Carrots w/dip Fruit Cup</p>	<p>1 Mashed Potato Bowl Corn Muffin Corn Celery Sticks Warm Cinnamon Apples</p>

BREAKFAST MENU

MON:	Warm Bread Assortment
TUES:	Benefit Bars
WED:	Pop Tarts
THUR:	Donut or Cinnamon Roll
FRI:	Muffins

*Fruit, Juice, and Milk served daily

DAILY ALTERNATIVE ENTRÉE

MON:	Smart Mouth Cheesy Bread or Chicken Salad Croissant
TUES:	Chicken Sandwich (reg/spicy) or Banana Bread, Yogurt Cup, Cheese Stick
WED:	Cheeseburger
THUR:	Calzone or Yogurt Parfait
FRI:	Chicken Wrap or Deli Sandwich
T,TH, F:	Smart Mouth Pizza (Pep/Cheese)
M-F:	Chef Salads and PBJ Uncrustables

QUICK LINKS

Free & Reduced Applications
<https://www.myschoolapps.com>
 On-Line Payments
<https://myschoolbucks.com>
 Nutritional & Allergen Information
<https://mealviewer.com>

PRICES:

Lunch.....FREE
 BreakfastFREE
 Extra Milk.....\$.50
 Extra Entree.....\$2.00

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30	31 BBQ Pork Sandwich Sweet Potato Fries Baked Beans Applesauce	1 Jet's Pizza California Veggies w/ Cheese Sauce Side Salad Fruit Cup	2 Spaghetti w/ Meatballs Texas Garlic Toast Side Salad Sweet Peas Diced Pears	3
6	7	8	9	10
13	14	15	16	17
20	21	22 This institution is an equal opportunity provider.	23	24
27	28	29	30	1

